



**KATHARINE
HOUSE
HOSPICE**

Issue No. 54 Spring 2020
Visit us at www.khh.org.uk

How your support helps

Make Every Moment Matter



Tying the knot with Rob and Barbara

Read their beautiful story on page 8

Inside: Midnight Walk goes to the Circus! • Why the government must do more to save hospices • Our community in action • Local business at work • Living Well at Katharine House • Best-selling author Dr Rachel Clarke

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Issue 54 Spring 2020

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In some instances, names and photographs
have been changed to protect the privacy of
patients and their families.



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#MakeEveryMomentMatter

KATHARINE HOUSE HOSPICE

Open Gardens for Katharine House

April - September

Fabulous gardens open across the local area!

Raising vital funds for local people with life-limiting illness.

www.khh.org.uk/gardens

Welcome

From the Chief Executive

More people need our support than ever before, healthcare costs are rising, yet government funding is static, and we need to find an additional half a million pounds a year just to keep our doors open.

For years our community has stepped up to support the increase in costs so that people can still get the care they so desperately need. But our community can only provide so much; the way hospice funding works is unsustainable.

In August we met Prime Minister Boris Johnson to discuss national hospice funding and later that month he announced an additional £25 million funding for UK hospices. We will receive less than £100,000 of that – enough to support patients and families for just five days, and not enough to ensure those who need support can get it.

When my father was diagnosed with terminal cancer in 2013, Katharine House supported him, and us as a family, through the most difficult time. The care my

family received was first class. Now, as Chief Executive, it's heartbreaking to have to make decisions about the services we can provide not based on what people need, but on what we can afford to fund.

We urgently need your support to close the funding shortfall. It's already having an impact on people, and going forward, our services will inevitably look different. We know we will have to make very difficult decisions this year about how we can best care for people.

Every day, people like you step up to make every moment matter for local people. For that, hundreds of patients and families are truly grateful. There's no question that the government needs to do more to support hospices and make them sustainable, yet we also need your support now more than ever to keep our doors open.

Without you, our families and friends may not be able to access the care they need, and for anyone facing a life-limiting illness, that is unbearable.

Please continue to do what you do for Katharine House; donate, join an event or hold your own, and spread the word on social media and in your day to day conversations. Please also join us in calling for a fairer funding system for Katharine House.



Angharad Orchard

Angharad Orchard
Chief Executive

Make Every Moment Matter appeal update

A very big thank you to everyone who has responded to our Make Every Moment Matter campaign. So far you have raised a fantastic £60,000 to ensure local families facing a life-limiting illness can access the specialist end-of-life care they need.

Without your support we simply wouldn't be able to care for people in the hospice, in the Horton hospital, or in their own homes.

We still face a budgeted deficit of around £500,000 this year – the equivalent of one month of funding – and local hospice care services are at risk due to inadequate government funding. See more on page 5.





Living Well, making every moment matter

Since launching in September, our new Living Well service offers patients more support throughout their illness. With a programme that spans the week, patients can drop in for activities and appointments suited to their individual needs.

There's a variety of activities on offer, from a weekly choir, health walks and mindfulness sessions to support for carers, families, and those who have been bereaved. There's also family arts and crafts workshops, massage and physiotherapy, and of course the occasional visit from local wildlife like donkeys or even penguins!

Our Head of Living Well, Lydia Brook, said:

"Living Well is a space where people can focus on their wellbeing, and take part in activities that promote feelings of happiness, enjoyment, connection, curiosity, and engagement. Because wellbeing is different for everyone, we offer a range of activities throughout the week, and aim to find something that will bring a sense of enhanced wellbeing to everyone who comes."

The new Living Well programme is only possible thanks to the ongoing support of people in our community who generously donate and fundraise to provide more than three-quarters of Katharine House's funding. Thank you to everyone who helps make every moment matter for local people living with a life-limiting illness.



For more information and the full Living Well programme, visit khh.org.uk/livingwell



Massage Therapy

Helping to reduce someone's painful symptoms or simply to relax.

Mindfulness

Mindfulness courses for patients, families and carers to help relax, manage pain and come to terms with illness.



Arts & Crafts

A therapeutic and creative time out for patients and family.



Bereavement Café



Reflect and get support, while spending time with others who have lost someone special.

Family History



An opportunity for patients to map their family tree.

Carers' Café



A chance to relax away from your caring role. Offering advice and support.

Everyone's welcome!

In addition to our new Living Well activities for patients and families, everyone is welcome to join our weekly health walks and community choir. There's no need to book, simply turn up, take part and meet new people. We hope to see you soon!

Choir



Singing lowers stress levels and boosts the immune system. Everyone's welcome at our community choir - Tuesdays 6-7pm at Katharine House.

Health Walks



A weekly walk to boost fitness and wellbeing. Open to all. Fridays at 10am.

How you can help **make every moment matter**



More than three-quarters of Katharine House's services are funded by people like you - local people taking part in Midnight Walks, mountain climbs and organising cake sales - as well as local businesses, and trusts and foundations.

Without you, 900 people in the community simply wouldn't be able to get the specialist care they urgently need at the end of their lives.

You will have read that Katharine House faces a significant funding shortfall of around £500,000 a year, which puts local end-of-life care services at risk. This year we will have to make very difficult decisions about how we care for local people - from our Living Well programme, and patients on our inpatient unit, to people cared for at home by our community nursing team.

Thank you for everything you do to make every moment matter for local people. Your support is more vital now than ever.

There are so many ways you can get involved with Katharine House and help ensure that services are available to people across our area. Please continue to do everything you do for your local hospice.

“ I love coming to Katharine House, I'd be lost without the help they give me - not to mention the art classes! ”
- Mary

Get involved today and ensure Katharine House's services are available in the future

It's easy to get involved and help secure local end-of-life care services. Whether you donate, join an event, or volunteer your time, you can make a real difference today. Here are just a few of the ways you can help:



Donate

Donate easily and securely online at khh.org.uk/donate or pop some change in one of our collection tins in local shops and pubs.



Host an event or join one of ours!

With plenty of fundraising events this year, why not join in or hold your own? Our fundraising team can help make your event a huge success.



Sign up to our lottery

Want to be in with a chance of winning £1,000 every week? Join our lottery - see page 15 for more details.



Volunteer or work for us

Use your skills to make every moment matter. There are plenty of paid and volunteer roles advertised at khh.org.uk



Follow us on social media

Share our posts and spread the word of the need for funding. See page 2 for our social media channels.



Sign up to our e-newsletter

Stay up to date with the latest news, and be first to find out about upcoming events. Sign up at khh.org.uk

Local people living with life-limiting illnesses cannot wait for the government to act.

Please donate today to ensure people can continue to receive specialist care from Katharine House. Thank you.

www.khh.org.uk/donate

Our community in action

Music promoters bring DJs to Banbury and raise £900



In August, the team from Ironbelly Productions - a group of friends bringing music and events to the local community - held a DJ night at the Wild Lime in Banbury.

With five local DJs showing off their skills and entertaining more than 200 people, the evening raised £900 for Katharine House - enough to provide oxygen to around 30 patients on our inpatient unit.

Jo, from Ironbelly Productions said:

“We chose Katharine House for our first event as it is close to our hearts with family members having been cared for by the hospice”.

With only a quarter of the hospice's funding coming from the government, we simply couldn't keep caring for people without groups like Ironbelly Productions holding exciting events in the community.

30 years of fundraising from Banbury Lions

A big thank you to Banbury Lions Club who this year mark 30 years of fundraising for Katharine House. After initially contributing £30,000 to the first phase of building Katharine House Hospice in 1990, their members have continued to support the hospice through a variety of fundraising events. Since 2014 they have raised a brilliant £10,800, all of which has gone directly to helping make every moment matter for local people living with a life-limiting illness.

Choir raises £400 from raffle



During her thirty years with the Chipping Norton Choral Society, passionate singer Jeryl Symonds established and ran the weekly raffle to raise money for additional choir expenses.

Jeryl died in 2018 and spent her last days at Katharine House. After her death, the choral society wanted to show their appreciation for the support from the hospice, and decided to donate the £400 autumn proceeds from 'Jeryl's Raffle' to Katharine House.

The £400 could help fund our bereavement support service, helping children, teenagers and adults come to terms with the death of someone special to them.

The choir's musical director, Peter Hunt said: “Katharine House provided wonderful support to Jeryl and her family through and after her illness, and the choir felt the donation was a most fitting way to honour Jeryl and her commitment to the choir, and to keep her in our thoughts.”



Want to raise funds or hold your own event to raise vital funds for local people? For more information, visit khh.org.uk/fundraising

Thank you knitters!



A huge thank you to our wonderful group of knitters who again created several thousand fabulous novelties to be filled with chocolate raising more than £7,000 last year to support local people living with life-limiting illness. You're amazing, thank you!

Midnight Walk goes to the CIRCUS

Saturday 20 June 2020

Lucy's cake sale raises £60



For her school Discovery Award, ten-year-old Lucy Fox took up the challenge to raise money for a local charity. The £60 she raised from a cake sale at her Brownie group could provide art and craft supplies for our art room, where patients can be creative and spend time with others.

Lucy's Mum, Lisa, said: "We are really proud of her, not only for raising money for such a good cause, but for working so hard to bring it all together."

Family football fundraiser



A big thank you to Richard Gardner and his daughters, Liberty and Lucy for raising more than £4,000 for Katharine House Hospice in memory of wife and mother Sue Gardner.

“ Ten years ago, our mum was cared for at the hospice. We will always be grateful for the support we received.

- Liberty

Richard and his daughters organised two events for their fundraising, a charity football match held at Banbury United and a Soul and Motown Night at the Banbury Cross Pub on 29 & 30 November.

“ The care that Katharine House provided at this difficult time was exceptional. The support they gave us as a family afterwards, providing bereavement support was vital to our wellbeing and helping us to come to terms with losing Sue.

- Richard

Emma took part in the 2019 Midnight Walk in memory of her husband Wayne. Read her story on page 14, and sign up at khh.org.uk/midnight

Be a Midnight Walk business partner

For the 13th year, the Katharine House Midnight Walk will be the biggest fundraising event in Banbury with more than 600 people taking part. Why not partner your business with us and show your support? For sponsorship opportunities, please contact partnerships@khh.org.uk

The thrill of a lifetime!



Join us and the world's most experienced aerobatics team for the experience of a lifetime in May 2020 and take to the skies on top of a Boeing Stearman bi-plane flown by an AeroSuperBatics display pilot.

Experience unparalleled thrills as you go through a series of flypasts, zoom climbs, steep dives and banks. Feel the sense of freedom as you fly through the air, taking in the stunning views, whilst waving to friends and family down below.



To sign up, find out more and watch the amazing wingwalk video, visit khh.org.uk/wingwalk

Every year more than
360
supporters hold fundraising events
to make every
moment matter



‘Tying the knot’ with Rob and Barbara

Rob and Barbara’s first date was at Tewkesbury Abbey on the last day of February 2017. After a lovely meal, their quiet walk around the gardens was interrupted when Barbara grazed her head. With tissue in hand, Rob gently dabbed the scratch, and that was when he knew. ‘There really is such a thing as love at first sight’, he thought to himself.

The two had both experienced some loneliness and finding each other gave them warmth and happiness. They’d instantly fallen in love, and would spend long weekends together enjoying the countryside and each other’s company.

When Rob was diagnosed with pancreatic cancer, he became a patient at Katharine House.

Rob and Barbara knew they wanted to be ‘married’ before he died, and they wanted a ceremony to take place at Katharine House, a place where Rob said he felt ‘genuinely privileged to be a patient’.

Neither felt that a traditional marriage service would reflect who they were as a couple. After spending time in the chapel at Katharine House, a quiet and peaceful space where people of all faiths, or no faith, can take part in services, pray, or just sit and gather their thoughts, Rob spoke

to our Chaplain James about his dilemma. After getting to know the couple a bit more, James researched different religious and spiritual ceremonies, to see if there was something that would fit their wishes.

“The people at Katharine House are faultless, they are caring, compassionate, loving and always have a smile. Whenever I am back the nurses always say they’ve missed me and it is like a boost, more than my medication. If I do come back in to Katharine House I feel like I’ll be coming back to a lot of friends.”
- Rob

After a while, James came across a ceremony known as ‘hand fasting’, a simple, non-religious ceremony dating back thousands of years in which two people join hands and tie them with a cord.

The knot symbolises their love for each other and the binding together of their individual lives. It’s from this ceremony that we get the expression ‘tying the knot’, and for Rob and Barbara it was just what they wanted.



Please donate today to help make every moment matter for people like Rob and Barbara. Donate online at khh.org.uk/donate



Not only did the couple want the ceremony to take place at Katharine House, they also wanted to share their special day with as many staff at the hospice as possible; people Rob has come to count as friends.

So, with invitations distributed, the big day approached. As staff and friends filled the chapel, Rob was helped in to his best suit as he read through the vows he'd written himself, still editing to make sure the words were perfect words for the love of his life.

By the end of the ceremony, there wasn't a dry eye in the house, and Rob and Barbara invited everyone in to the hospice's Living Well lounge for champagne and cake.

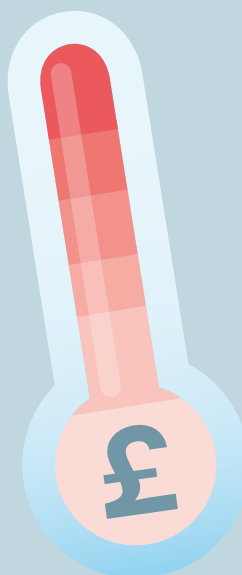
After a few more weeks together, Rob died at Katharine House in January 2020.

Can you help complete Rob's gift to the hospice?

After finding out that one of the hospice's boilers urgently needs to be replaced, Rob couldn't think of a better way to say thank you and support the hospice than to donate towards a new one.

He kindly donated £6,000 of the £10,000 needed in the hope that others may be able to donate the remaining £4,000.

If you'd like to help complete Rob's thank you gift and contribute to a new boiler, please contact Felicity Hills on 01295 816 484 or email us at partnerships@khh.org.uk.



It takes

58

Doctors, Nurses, Health
Care Assistants & other
Health Care Professionals

**to make every
moment matter**

Local business in action

Avara Foods gets in to the rugby spirit



Avara in Brackley chose to support Katharine House for a second year with a week of fundraising activities themed around the Rugby World Cup. Lydia, our Head of Living Well, helped them launch their cycle and running challenge, which saw them attempting to cover the distance between all 12 rugby stadiums in Japan, over 1,500 miles, between a treadmill and standing bike.

We want to say a huge thank you to the whole team at Avara for their enthusiasm, determination and generosity, as well as a well-deserved congratulations on raising £4,835! This is enough to fund more than 300 meals for patients on our inpatient unit.

A spot of gardening for Oak Underwriting



The wonderful team at Oak Underwriting volunteered their time to spruce up parts of our grounds. The team tidied up the garden pergola and also kindly provided new furniture for the staff garden. Staff and volunteers can now sit out in the garden, to enjoy their lunch and gather their thoughts in a peaceful environment.



Can your team take on a challenge in 2020 to support local families? Please get in touch at partnerships@khh.org.uk

100 fairy-lit tractors bring Christmas cheer

Father Christmas wasn't the only one bringing Christmas cheer in December. A festive fleet of more than 100 fairy-lit tractors spread joy through local villages raising money for Katharine House.

Since December 2016, the farming community has continued to light up our streets each year, and this year was the biggest and best yet with over 100 tractors taking part, raising an incredible £10,400, taking the total to more than £21,000!

Thank you to everyone who so festively decorated their tractors and took part in the procession, and to everyone who lined the streets to support them and Katharine House.



A big thank you to...

Welcome to team BRITA...



The team at BRITA, based in Bicester, has selected Katharine House as their chosen charity. As well as some spooky activities like dressing up for Halloween at work, three amazing team members completed the Oxford Half Marathon. Thank you to Steve, Karolyn, Tom, and the whole team at BRITA who have already raised more than £7,400 to support those in our community living with life-limiting illness.

...and that's a wrap from TSB



It's the end of an era as our partnership with TSB Bank in Banbury comes to an end as the bank looks at changing the way it works with local charities. The partnership culminated in style with plenty of Christmas fundraising activities in December.

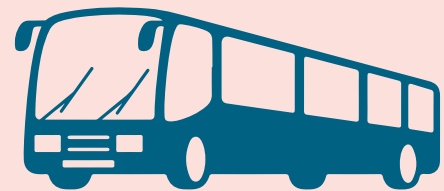
We can't thank the TSB team enough for all the support they've given us over the years, including volunteer time. Since 2015 the team at TSB and their customers have raised more than £9,200, helping to make every moment matter for patients and their families living with life-limiting illness in the community.



Over the festive period, Banbury's longest-serving taxi service Cherwell Cars donated 50p from every peak fare to Katharine House Hospice, raising a whopping £1,200 in the process. Thank you to them and to everyone who took a taxi over Christmas!



Debenhams Banbury chose Katharine House as their local charity for the month of November, holding a variety of fundraising activities in store, including a gift wrap station and sponsored leg wax. Thank you so much to the team for their passion and support, and for raising £300.



Stagecoach celebrated 100 years of Midland Red in Banbury, and we want to congratulate them on connecting the community for 100 years. And a huge thank you for raising an amazing £1,090 to help people with life-limiting illnesses. This fantastic donation could ensure 30 patients receive telephone and face-to-face support from our community nurses at home or in a care home.

Every year the support of more than **60** local businesses helps to make every moment matter



Looking to the future

At some point in our lives, we all need to think about the future. Ensuring your Will is up to date is an important way of looking after your family and friends in years to come.

Every year we run our Make a Will Week where local solicitors waive their fees for making a Will in return for a donation to Katharine House. Last year's campaign was a great success, raising more than £8,000 – enough to run the hospice inpatient unit for a day and a half.

Sarah Meads, our Legacies Manager, told us: "Many of us put off going to see a solicitor or Will writer. Make a Will Week provides a great opportunity for people to get their affairs in order so they can just get on with living their lives knowing everything is taken care of."

A big thank you goes to the local solicitors and Will writers who kindly gave their time and expertise,

and to those supporters and sponsors who made such generous donations to Katharine House.

A Will is also a great way to support your favourite charities. A gift in your Will to Katharine House could be the most important gift you'll ever make, and it will help provide care to the local community for years to come. To find out more, please get in touch with Sarah on 01295 816 484.



Channel 4 News features Katharine House

At the end of January, Channel 4 News featured Katharine House Hospice in a special report about hospice care and funding.

Channel 4's cameras followed staff and patients at the hospice for two days to see what the hospice is like, and the resulting film tells the story of two patients who were supported at the end of their lives.

Chris Higgins, Marketing and Communications Manager, said;

"We were delighted to work with Channel 4 News to create a film

that shows the vital care Katharine House provides to local families.

We wanted to show people that hospices are full of life, and how vital the care they provide is. Hopefully it will inspire people to donate to help close the funding shortfall to ensure those services are available to their family and friends when they need it."



Watch the final Channel 4 film at khh.org.uk/channel4



PHOTO: Katharine House doctor and bestselling author, Rachel Clarke. Photo by Laura Gallant.

Dr Rachel Clarke: A thousand small acts of kindness

Following the release of her new book *Dear Life*, covering what it's like to work in a hospice, Katharine House doctor and Sunday Times best-selling author, Rachel Clarke, tells us what hospices are really like and what Katharine House means to her.

If there's one word that sums up the essence of a hospice, it's not – as you might imagine – the word 'dying', but its opposite. The word is 'living'.

People often fear hospices must be hushed and intimidating places, full of misery and darkness, where patients arrive only to die. But our job is to help people live – as fully, richly and meaningfully as possible – all the way to the end.

Morphine may help pain, but homemade smoothies, jacuzzis, long-tailed tits on the bird feeders, a luxury hand massage, your favourite pet on your bed, the kids snuggled up for a movie night, a brandy nightcap, Bob Marley on the stereo – these and a thousand other small acts of kindness are the way to help patients live.

What matters to a patient comes first – it drives every single thing we do. Creating a safe, calm, beautiful space for patients with life-limiting illnesses is vital.

Could there be a more important measure of a civilised society than how attentively we care for each other at the end of our lives? Yet hospice care in the UK is shockingly badly funded. Katharine House, like so many hospices, receives only a quarter of its funding from the government.

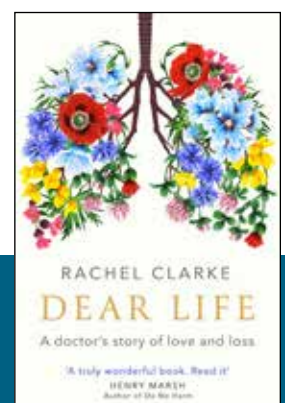
Our local community makes superhuman efforts to raise the rest – £3.6 million a year – to keep our hospice afloat.

Please donate, join the Katharine House lottery, and take part in the Midnight Walk if you can. And please, take a moment to write to your MP urging for proper, sustainable hospice funding from the government.

After all, in the most profound sense, we only die once – getting it right for patients is priceless.

Every year we provide the equivalent of **2,583** days of care on our inpatient unit, helping to make every moment matter

Rachel's new book, *Dear Life*, is a book about the vital importance of human connection, by the doctor we would all want by our sides at a time of crisis. It is a love letter – to a father, to a profession, to life itself. It is published by Little, Brown Book Group, and available in stores or online at amazon.co.uk



Midnight Walk goes to the
CIRCUS

Saturday 20 June 2020



PHOTO: Walkers enjoy the start of the 2018 Midnight Walk

Sign up at khh.org.uk/midnight

Walking for Wayne: Emma's story

My husband Wayne was a builder. He took on all kinds of projects big and small and enjoyed nothing more than finishing a job and coming home to kick a football around in the garden with our two sons.

Last year he was excited to have just signed the contract on a big build outside Banbury when he started to lose weight and feel very low on energy, which was very unlike him. After a couple of trips to the GP, he was referred to a specialist, and after more tests he was diagnosed with a rare form of cancer. We were devastated, but the 'good news' was that an operation could cure it. We felt so relieved, the kids and I looking forward to having our Wayne back.

Wayne had the operation and although he felt better for a while, soon he began feeling unwell again. After more investigations, we were told the cancer had returned and this time it wasn't curable.

Wayne was given six months at best. Three at worst.

Nothing in my life has ever hit me so hard. What would Wayne do? Would he ever play football in the garden with the boys again? How would I cope as a single mother, without the love of my life?

We simply had to make sense of it all, and make the most of every moment we had left together.

That's where Katharine House stepped in. A community nurse was with us every step of the way,

visiting and speaking to us regularly, talking to Wayne about his medication and the things that mattered the most to him.

Everything was centered around Wayne and what he wanted and needed. His wish was to die at home, surrounded by his family, and the Katharine House nurse did everything to help that happen.

She also supported me and the boys through it all, and arranged for someone at Katharine House to help me talk to them about what was happening to Daddy. It was the most difficult conversation of my life, but I got through it.

At the end, Wayne deteriorated quickly. The kids said a final goodbye to him and I sat and held his hand until he died.

My son wanted to do the Midnight Walk last year in memory of his Daddy, and as a way of saying thank you to the wonderful hospice. On the night we were both quite tearful but also excited. I know I'll never get my husband back, but I'm so proud of my son for being brave enough to do the Midnight Walk.

Katharine House did so much for me and nothing was too much trouble. But now it's awful to think that this care might not be available to everyone who needs it because of funding.

Please, please, please join the Midnight Walk to raise money so that other people can get the same wonderful support.

Thank you.

Emma

It takes
600
Midnight
Walkers
to make every
moment matter



Please sign up for the Midnight Walk and help raise vital funds for families facing life-limiting illness. Sign up today at khh.org.uk/midnight

Upcoming Events

Keep up to date with the latest events at khh.org.uk/whats-on

Date:	Event:	Information:
28 & 29 March	Care for a Cuppa weekend	khh.org.uk/cuppa
April - September	Open Gardens for Katharine House	khh.org.uk/gardens
21 May	Wingwalking experience	khh.org.uk/wingwalk
26 May	China Trek information evening	khh.org.uk/china
20 June	Midnight Walk	khh.org.uk/midnight
25 & 26 July	Care for a Cocktail weekend	khh.org.uk/cocktail
October	Hospice Care Week	khh.org.uk/hcw
2 October	Firewalk	khh.org.uk/fire
11 October	Oxford Half Marathon	khh.org.uk/run
17 & 18 October	Care for a Curry weekend	khh.org.uk/curry
19 - 23 October	Make a Will week	khh.org.uk/willweek
31 October	Spookfest	khh.org.uk/spookfest



Care for a Cuppa

Please raise funds for Katharine House this Spring with our Care for a Cuppa campaign.

Please get your family, friends or colleagues together to raise funds with a cuppa and a slice of cake. Help offer comfort and support to over 800 patients and their families facing life-limiting illness this year.

Download your free Care for a Cuppa fundraising pack today at khh.org.uk/cuppa

Sign up for your Care for a Cuppa pack at www.khh.org.uk/cuppa contact getinvolved@khh.org.uk or call 01295 816484



KATHARINE HOUSE HOSPICE

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KATHARINE HOUSE HOSPICE

OXFORD HALF MARATHON

Sunday 11 October



Whether you're a seasoned veteran or a newbie to the race, take up the challenge and run the Oxford Half Marathon in October 2020 to raise vital funds to make every moment matter for local people living with life-limiting illness.

Book your place today for **£40**

khh.org.uk/oxford-half

Your chance to **win**

£1000

each week!

Play our weekly lottery or give a gift and support people with life-limiting illness.

Download a sign up form at khh.org.uk/lottery

"Couldn't believe it! £1,000! I'm booking a holiday for me and my wife this evening"
Simon, Lottery Winner



**KATHARINE
HOUSE
HOSPICE**

Presents
the Greatest Show in Banbury

Midnight Walk **CIRCUS**

Saturday 20th June 2020

9pm at Banbury Rugby Club

10-mile or 6-mile route

**Raising money to make every
moment matter for local people
with a life-limiting illness**

Please sign up at
www.khh.org.uk/midnight

#MakeEveryMomentMatter

Reg. Charity No. 297099