

# THE ROSE



**KATHARINE  
HOUSE  
HOSPICE**

ISSUE NO. 59  
SPRING 2023  
[WWW.KHH.ORG.UK](http://WWW.KHH.ORG.UK)

*"THE NURSES WERE SO  
ATTENTIVE AND SUPPORTED  
ME TO CARE FOR DAVE  
MYSELF, WHICH I TREASURE."*

Read Julie's story on page 5



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# Issue No. 59 Spring 2023

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In some instances, names and photographs  
have been changed to protect the privacy of  
patients and their families.



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**Open Gardens**  
for Katharine House

**KATHARINE HOUSE HOSPICE**

**Got a garden you want to show off in aid of Katharine House?**

**Looking for a family friendly day out?**

Find out more about our **Open Gardens Scheme**  
[www.khh.org.uk/gardens](http://www.khh.org.uk/gardens)

Scan here

# THE ROSE

Spring is here and has brought with it a wonderful season of new opportunities for the hospice: we'll soon be welcoming a new CEO; our fundraising team are busy creating new initiatives; and we have just launched our exciting EPiC Resource Centre on our website, to name but a few!

In this edition of The Rose we'll be telling you all about the return of our Accumulator Challenge (see page 18), where we invite local businesses, schools and community groups to put their entrepreneurial and fundraising skills to the test by making as much money as they can with the £50 they are given.

Also, brand new for 2023, we've launched our Rose to Remember scheme (see page 16), which gives our supporters the chance to purchase a hand-crafted metal rose in memory of a loved one. The roses will then form part of a stunning temporary display at Sulgrave Manor before people take them home to keep.

Last but not least, we talk about our innovative EPiC Resource Centre on our website (see pages 10–11). As part of our commitment to providing the best possible service to our patients, their family and friends and the wider community, we wanted to provide a place where everyone could get all of their questions answered, even ones they didn't know they had.

The Rose also features some inspirational fundraising stories from our supporters, details of how our fabulous local businesses continue to help us and news about our upcoming events. We'll also hear how our dedicated Inpatient Unit make a difference to patients and their families every day.

I hope you enjoy this edition of our magazine and reading about the wonderful things that go on at the hospice, none of which would be possible without your help.

Thank you for your ongoing support.

Senior Leadership Team, Katharine House



## NEW FOR 2023!

We've created a Supporter Kit on our website to help you on your way with your fundraising!

Whether you're organising your own event (or would like to) or are joining in with one of our events or challenges, these webpages will provide everything that you need.

Looking for inspiration for what to do, how to promote it and what to do with all your hard-earned fundraising at the end? You need look no further. Just go to: [www.khh.org.uk/supporterkit](http://www.khh.org.uk/supporterkit) or scan the QR code.



# IPU in action

We care for people at all stages of their illness, from diagnosis onwards. Often, this is in someone's home or in the community. But sometimes a person's condition requires specialist treatment that can only be provided inside our hospice building.

Our fabulous team in our Inpatient Unit (IPU), made up of specialist nurses and consultants in palliative medicine, work tirelessly to provide holistic care for our patients, and their families in the ten-bed hospice.

We encourage patients and families to treat the hospice as an extension of their own home – coming and going as they wish. Whether it be bringing in photographs or other personal belongings to decorate the room, borrowing our guitar to jam with our musical therapist, or being visited by their favourite four-legged friend, patients are given the freedom to make the environment as homely as possible.

Volunteers and staff go above and beyond to make patients and visitors feel welcome. They're always on hand for a chat or to serve a hot drink and our kitchen team are always happy to whip up something special for a patient.

## Making a difference

Ward Manager Abbie Hessey is keen that people realise that the hospice doesn't just offer end-of-life care. She said: "People think that when you come to a hospice, it's your final days. But often we're just helping patients regain control of their symptoms so they can return home."

"Our purpose-built facilities and incredible team offer excellent clinical care in a calm, respectful environment with access to beautiful gardens, delicious home-cooked meals prepared in our hospice kitchen and so many other services."

“  
People think that, working in a hospice, you must be surrounded by sadness. But it's honestly a place full of happiness and wonderful memories.”



Clockwise from back left: Michelle Jordan Clinical Support Worker, Abbie Hessey IPU Ward Manager, Prashanth Sellathurai GP registrar and Joanne Higgs Clinical Support Worker.

## A year in our IPU

Unique patients



172

Bed days



2,989

Average bed stay



18 days

Discharged home



30%





“  
The love and dedication  
shown to us was just  
amazing and I marvel at  
these people.  
”

## Dave and Julie's story

Dave Mills, a loving husband with two young children, was cared for by the hospice community palliative care team and then at the Inpatient Unit at Katharine House following his terminal cancer diagnosis in 2018.

Here his wife Julie describes the care he and the whole family received.

“Right from the outset, the hospice felt peaceful, caring, sensitive and is set in such beautiful surroundings. It was incredibly refreshing to work with a team that were focused on making end-of-life care as personal and supportive as possible, by understanding the patient's needs, discussing real-life pros and cons, and personal feelings and desires.”

### Comprehensive care

“The nurses were so attentive and supported me to care for Dave myself, which I treasure. The doctors were also wonderful because they answered my many questions with honesty and clarity. Being at the hospice was so different to being in a hospital setting, as suddenly everything was focused on you and your experience. They

were open, consultative and incredibly respectful of Dave: the patient, and me: the soon-to-be-bereaved partner.

“The love and dedication shown to us was just amazing and I marvel at these people. It was like they would often second guess what I was wondering or wanting, and they catered both for physical and emotional requirements with the utmost professionalism and efficiency.

“Dave was given his own room, which was wonderfully equipped, and as the weather was so warm, it was lovely to have the doors open and watch the birds feeding close by. We had a lot of visitors, so having our own room and outside area was again a blessing. The staff were wonderful in managing visitors to ensure Dave was willing and able to see them.”

### Dave's last day

Dave spent his final night with his arm wrapped around Julie as she lay beside him. “When I called the nurse, she confirmed his passing and left me with him. I spent a long time with him then. It seemed so surreal that he had gone,

yet I had felt his presence, his energy, move from his body to the space above me the moment he died. I felt that presence dissipate slowly. I hadn't expected that, but it was wonderful and strangely life affirming.

### Ongoing support

“Everyone at the hospice was so friendly, loving and sad for our loss. It's clear that these people are not just doing a job but are living through these deaths with the families and friends – they really care. We are privileged to have such an amazing provision on our doorstep, including the bereavement counselling that I later received. I am so glad Dave felt this was the place he wanted to be as his life ended.



Julie and her daughters are joining the Moonlight Walk this year. To join in too, go to: [www.khh.org.uk/moonlight](http://www.khh.org.uk/moonlight)

# Christmas cracker

Our fundraising team were busy little elves over the Christmas period! To everyone who took part in an event, donated to an appeal or supported our shops – thank you for helping make 2022 another festive fundraising success.



## Lights of Love



Our Lights of Love event saw over 200 people come together to remember their loved ones. Katharine House staff were on hand to support the attendees, as well as perform a programme of poetry and music, including from our very own Katharine House choir.



## All wrapped up



We helped the good people of Banbury get ready for Christmas by wrapping up their gifts for loved ones. Our team of staff and volunteers spent a couple of days snipping, wrapping, folding and sticking and managed to raise a fabulous £659!



## Tractor Run



One hundred festive tractors made their way into the heart of Banbury on Saturday 17 December as well as chugging through many of the local villages to be whooped and cheered by thousands of people. This was by far the biggest and best tractor run yet and we have Jennie at RC Baker to thank for that. She has been organising this event for Katharine House Hospice since 2016 when it started with just 26 tractors! A smashing £27,792.85 was raised this year. We'll keep you posted on plans for 2023.



## Santa Fun Runs



On a cold Sunday morning at the start of December, nearly 400 Santas dashed around Spiceball Park before crossing the finish line with a mince pie! In the weeks that followed, 11,000 pupils from schools in and around North Oxfordshire and South Northamptonshire donned a Santa hat (thanks to our sponsors GMB Union) and got moving, often in the snow, to help us raise even more. Together, our Santa Fun Run and Schools Santa Run raised over £40,000!



## Tree-cycle



2023 got off to a very green start when we collected and chipped 180 Christmas trees in return for donations. A big thank you to The Sound Reserve for sponsoring our Christmas Tree-cycle and helping us to raise £4,294 in the first week of January!



## December donations



Our Christmas appeal was a chance to show our supporters how our fabulous care teams go above and beyond to make Christmas a special time for patients and their families. It was also a chance to raise much-needed money for the hospice. We raised over £32,000 from the appeal.

We absolutely loved hanging up the messages of support for our staff that came in with donations. Here's Nic and Trace from our inpatient team with a few of the Christmas baubles. Every message was so appreciated, and it was wonderful for the team to see how much they are valued – and the difference they have made to the lives of so many people.

Thank you to everyone who sent a message and made a donation!



## Shopping around



Our wonderful shops were kept extremely busy over the Christmas period, with our loyal customers helping to pull in over £80,000 over the Christmas period.

In addition, our beautifully festive Christmas cards raised over £25,000 for the hospice.

## Do you know a charitable trust ?

Gifts from trusts and foundations are vital in helping us to continue our work. Over the festive period, we received several grants totalling £19,400 to fund our core services, including the Inpatient Unit, Living Well Centre, Community Nursing team and much more.

We are incredibly grateful for the support from local trusts, the Parker Chipping Norton Trust, the Scorfen Charitable Trust and the Mill Meadow Charitable Trust whose grants will go a long way in supporting members of our community who need hospice care.

If you are a trustee of a trust or foundation and would be interested in finding out more about our work, please get in touch with Catherine Price at [catherine.price@khh.org.uk](mailto:catherine.price@khh.org.uk).



Have you been helped by Katharine House? Your story could help show others what we do at the hospice. Find out how you could help here:  
[www.khh.org.uk/sharestory](http://www.khh.org.uk/sharestory)



# Moonlight, Camera, Action!

We're looking forward to welcoming hundreds of Katharine House supporters to our biggest event of the year. Saturday 20 May will see the return of the Moonlight Walk and this year, we're going to the movies.

In just a few weeks' time, the streets of Banbury will be filled with 'stars' as our walkers take on the 6-mile or 10-mile challenge, aiming to raise over a total £60,000 for Katharine House Hospice.

The evening kicks off with a pre-walk picnic at Easington Sports Football Club with movie-themed music and food stalls before the walkers head off towards Bodicote and beyond!

## Walk the walk

First-time walkers and old pros will be joining us, like Carla, who has already taken on the Moonlight Walk five times!

Carla said: "Katharine House looked after both my nans and my gramp, as well as my mother-in-law in their final days of life. They provide amazing round-the-clock care and it's such a welcoming place."



Walking with Carla last year were her two friends, first-time walkers Laura and Joanna.

Laura said: "If you live in the local area, you'll know someone who's needed Katharine House. Everyone I know who has lost someone there always says it's such a lovely place. We've got to keep that."

## Going the extra mile

And of course, we couldn't hold the Moonlight Walk without the huge support we receive from our fabulous local community who donate their time, money and even their bacon to make the event a success.

We have more than 100 people staffing the event, most of whom are volunteers. Local businesses will be out in force to support the walkers on their way at each of the corporate sponsorship mile markers along the route like Higham Critchley Barrows, who had a Ghostbusters-themed mile marker last year!



There's still time to sign up to walk at [www.khh.org.uk/moonlight](http://www.khh.org.uk/moonlight) We'd love to see you there.



# Corporate support

A massive thank you to all the local businesses that fundraised for us over Christmas and raised a whopping

**£16,700**



Avara Foods in Brackley held a Christmas Jumper Day and raised **£620!**

## Zurich Community Trust commitment

We have been proud to work with Zurich Community Trust for many years and last November, we secured a two-year partnership. To celebrate, Zurich awarded us a £9,000 grant, with future funding over the next 24 months!

The partnership will benefit everyone at the hospice and we are thrilled to be working with Zurich over the next two years and beyond.

In addition, the Zurich team in Chipping Norton continue to support us via the Spring and Christmas Challenge programme, which they have been doing since 2020. As part of the challenge, we have received Christmas trees, hampers for the patients in the Inpatient Unit, art material for the Living Well team and much more!

Mark Flay from the Trust said: "We are proud that the financial support and other support from Zurich employees will help to ease the pressure for charities around the UK. Our employees often know of someone who has received care from the amazing Katharine House team."



Two-year grant **£9,000**

## A round of applause for Graf UK

Graf UK raised an impressive £5,829 in September at a Golf Day held at Feldon Valley in Lower Brailes. The staff from the company's Banbury office wanted to support the hospice and raise funds in memory of their colleague Gavin Woods, who sadly passed away in June 2022.

Guests on the day had the chance to win some great prizes in the raffle and enjoy a delicious dinner after a long day of golfing! They were also treated to a performance from trick shot legend Jeremy Dale!

Callum from Graf UK said: "We support Katharine House Hospice because we believe in the incredible work they do for our community. By holding this event, we hoped to raise awareness and funds for the hospice's important work, and to show our appreciation for all that they do for our community."

A big thank you to Graf UK for organising this great day. Their support continues into 2023 sponsoring the T-shirts for the Moonlight Walk.



Graf UK raised **£5,829**



# Introducing the EPiC Resource Centre

After six months in the making, we are proud to introduce an exciting new section on our Katharine House Hospice website: the End-of-life and Palliative Care (EPiC) Resource Centre.

We know that most people who visit our website are looking for information about the hospice and the likelihood is they have many questions about palliative care. We wanted to ensure there was a place they could get all of their questions answered, even ones they didn't know they needed.

The free resources give help and guidance to:

- our patients
- their families and friends
- the wider community.

## Months in the making

The Resource Centre is a collaboration between expert research writers, clinical staff and service leads from across the hospice, providing practical and helpful information to support everyone who is learning to live with an end-of-life diagnosis and grief following a bereavement. It's all been made possible by the generous support of Cleenol.

Victoria Bradley, Clinical Lead Consultant at the hospice, said: "We are so excited about the new Resource Centre that the team at Katharine House have built. It is a phenomenal source of information for anyone

who feels that they might want to understand more about palliative care, either to demystify issues around death and dying, or because it has become topical for themselves or a loved one.

"As a clinician, it is great to have something at our fingertips that we can share with all of you and it has been a privilege to work with the team to create this."



## Information at your fingertips

Throughout the Resource Centre, you will find explanatory guides, downloadable PDFs and video content. Where relevant, we signpost to specialist organisations and charities, such as Age UK, Cruse Bereavement and GOV.UK, for further support.

On the opposite page we've included an outline of what's available to you in the EPiC Resource Centre as well as an extract on coping with bereavement.

**The EPiC Resource Centre is kindly sponsored by Cleenol, working for a cleaner, safer world.**

# CLEENOL



Find out more – visit the EPiC Resource Centre at [www.khh.org.uk/epic](http://www.khh.org.uk/epic)

# How the EPiC Resource Centre supports you

## 1 If you've been diagnosed with an incurable illness

- What is an incurable illness, what can you expect when someone is dying?
- Symptom management and medicine.
- Coping with change and uncertainty at the end of life and talking about dying.

## 2 Finding out about hospice care

- What is hospice care?
- How can I get hospice care?



## 3 If you're caring for someone with an incurable illness

- Looking at the needs of a carer and who can support them.
- Benefits and allowances available for carers.
- Carers' rights at work.

## 4 Financial support

- Overview of how to pay for end-of-life care.
- Payments and benefits available.
- Fast tracking and the complexities of local authority funding.

## 5 When planning ahead

- Planning for death, from financial planning to what to do with your digital assets.
- The issues around advance statements versus an advance decision to refuse treatment.
- Planning your own funeral, making a will and Lasting Power of Attorney.

## 6 With what to do when someone dies

- How to care for someone after they have died.
- Organising a funeral.
- How to look after yourself when someone dies.

## 7 If you've suffered a bereavement

- The nature and emotions of grief, how to look after yourself and how to tell others.
- Grief in children and teenagers.
- Supporting a friend or relative.
- Dealing with grief and bereavement at work.

## 8 Information for employers

- Supporting an employee when they are ill.
- How to support a bereaved employee.
- What an employer should do when a member of staff dies.

## Looking after yourself following a bereavement

An extract from the EPiC Resource Centre section on coping with bereavement.

Coping with the loss of someone special is difficult and can be painful. Grief may leave you feeling sad, lost, guilty, confused, relieved and exhausted, all at the same time. There may be many changes and adjustments to be made and you might have questions or feel you need practical and emotional support.

### Try to look after yourself

Loss of appetite is normal but try to eat even if you don't feel like it. Even a bowl of cereal or a piece of toast is better than nothing at all.

### Try to keep to some kind of routine

It can help to have some structure to your day, even if you don't have to go out to work or have other responsibilities, such as childcare. Try to do a little

gentle exercise each day, even if it's just a short walk to get some fresh air.

### Try not to be upset or offended by other people's words

Sometimes people who mean well, might say or do the wrong thing. There are a lot of clichés that people use when someone has died. This is usually when they don't know what to say but feel they should say something. Try to appreciate the effort that they have made to show they care.

### Try not to feel rejected when others grieve

You may hear a loved one voicing thoughts such as, 'I just want to be with them now, there's nothing left for me.' This may be hard to hear when you're dealing with your own grief and you may feel upset or rejected. To help overcome this, focus on your loved one's needs, and reassure them that they are still important to others.

### Don't be embarrassed to ask for help

Everyday tasks will be difficult at first. Don't be afraid to ask for help, whether

you need a lift to the registrar, help cleaning the house or for someone to pop to the shops. Close friends and family might not know how to support you and be relieved if you give them something specific they can do.

### It's OK to laugh

Losing a loved one will generate a lot of mixed emotions and memories. Don't feel that they all have to be sad. It can be really comforting to share happy and funny memories of the person who died, even if you then share some tears as well. It's OK to smile at other things too – you're not betraying the memory of the person who has died.

Read the full article at [www.khh.org.uk/lookafteryourself](http://www.khh.org.uk/lookafteryourself)

For more information about bereavement support, go to [www.khh.org.uk/bereavement-support](http://www.khh.org.uk/bereavement-support)





# Get something back from giving!

We're looking for people to join our team of wonderful volunteers. We couldn't survive without you.

Last year, volunteers dedicated more than 60,000 hours to the hospice – the equivalent of 32 full-time members of staff. Were we to have to pay for the amazing work that they undertake, then this would cost the charity approximately £1,029,000.

## Our vow to volunteers

We're committed to making sure that our volunteers:

- 

Feel well managed and equipped to do their role
- 

Have enjoyable experiences
- 

Clearly see the difference and impact their support makes
- 

Get the opportunity to develop new skills
- 

Have a choice between a diverse range of opportunities
- 

Feel valued

You'd be amazed at the different ways people volunteer for us, ensuring we can carry out our fundraising initiatives, run our shops or care for our patients. Could you be one of them?

Whether you want to volunteer in the hospice, in the community or from your own home, or want to offer a short- or long-term commitment, we have something for all walks of life.

### New for 2023!

This year we're launching a brand new Community Ambassador volunteer role to help us raise awareness of the hospice – highlighting our services and our need for support. We are looking for volunteers with excellent communication and presentation skills who are enthusiastic, friendly and approachable.

This exciting and varied new volunteer position will work alongside our fundraising team in the local community, talking about the work we do and reaching out to individuals, groups and organisations who raise money for Katharine House.

This could include representing the hospice at cheque presentations, giving talks at community groups and attending local events to explain how we make every moment matter for the people we care for, as well as convey our gratitude for their support.

### Other volunteering roles

- **Charity champions** provide invaluable support to the hospice by helping to raise awareness of our services and promoting our fundraising initiatives. Our champions help by putting up posters, emptying fundraising tins, sharing information on school forums or sharing our posts on their social media platforms.
- **Event volunteers** get involved right at the thick of the action by helping out at our flagship and challenge events.
- **Retail volunteers** get the chance to learn useful skills of customer service, till operations and pricing while supporting our shop managers and carrying out a range of duties in one of our six shops.
- **Ward receptionists** are responsible for welcoming visitors, sitting with patients, helping the catering team and providing support to the inpatient nurses.
- **Hospice receptionists** are the first point of contact for our visitors, providing a welcoming smile and dealing with their needs and reception telephone enquiries.
- **Hospice companions** carry out a truly meaningful role providing companionship to hospice patients and carers both in the hospice and in the community.
- **Gardening volunteers** enjoy working outdoors and putting their green fingers to good use helping to maintain the hospice's beautiful grounds.
- **Patient drivers** provide the vital service of getting our patients to and from the hospice.
- **Living Well volunteers** ensure our outpatients can enjoy a diverse range of holistic activities, including photography, music, massage, yoga, art and writing, to name but a few.



## with Linda

Linda Clement from Chipping Warden has been volunteering with Katharine House for five years, first as an admin volunteer helping out with the Midnight Walk event, and then later administering lateral flow tests to visitors.

Now Linda volunteers as a ward receptionist, assisting the specialist nurses and doctors on the Inpatient Unit, greeting visitors and taking them to see their loved ones.

"I make sure everyone has tea or coffee and help deliver the meals. I answer the bell to see if there's anything I can do for them, or get a nurse if they need other help and just do whatever people need me to do.

"I feel like I'm putting something back. It also makes you feel very humble and appreciate what you have at home."



If you think you could get something back from giving your time to Katharine House, visit [www.khh.org.uk/volunteer](http://www.khh.org.uk/volunteer)



To read Linda's full story, visit [www.khh.org.uk/linda](http://www.khh.org.uk/linda)

# Supporter stories

We see so many examples of incredible kindness, generosity and determination when it comes to our hospice. Here are just a few ways our brilliant supporters have been helping recently.



£2,500 raised

## Miles of Nile

Forget walk like an Egyptian, Julie Waller, Clare Horrocks and Paula Cooke cycled a staggering 400km along the Nile and raised more than £2,500 for our hospice.

Julie said: “We cycled through so many amazing places taking in all the wonderful history and culture. The highlight of our trip was cycling to the Valley of The Kings visiting the pyramids and tombs.”

The intrepid trio are no strangers to tough challenges, having previously walked the Camino de Santiago Way – a 120km trek across Northern Spain – back in 2021. And as well as signing up a whole team for this year’s movie-themed Moonlight Walk, Julie, Clare and Paula are gearing up for a cycling challenge in Vietnam and Cambodia in 2024. Julie continued, “It’s going to be a tough ride, padded shorts will definitely be required, but it will be a wonderful experience and we look forward to raising lots for Katharine House!

“Over the last few years family, friends and clients have been affected by cancer. The care received from Katharine House for the patient and the families has been amazing and it made me realise how lucky we are to have such a valuable resource on our doorstep.”

## SEW cute!

For the past three years, accomplished crafter Jane Emery has been making and selling these gorgeous felt bunnies to raise money for Katharine House.

Jane said: “I have always enjoyed many crafts and came across a book that included patterns for making heirloom felt bunnies and clothing. I soon became hooked and needed to find a way of combining my love of making them and supporting Katharine House. I know how important hospices are – not only for the patient, but also for their families.”

After being introduced to the annual Hook Norton Craft Fair, Jane has raised around £1,000 selling her bunnies and accessories! She continued: “Each bunny with clothes takes me from 10 to 14 days to make, working several hours each day. I must have sold around 45 bunnies as well as about 10 mini bunnies.”

Thank you, Jane, for your heartFELT fundraising!



£1,000 raised





More than £200 raised

## A little bird told us ...



We absolutely love our little robin made by Lyn and Ian Tivenan! We were thrilled to hear that the husband-and-wife team have been making beautiful wooden bowls, ornaments and trinkets – like our robin – and selling them for a donation in the Aynho Wharf canal shop, with all profits going to Katharine House.

After three of the boating community spent their final days at Katharine House back in 2020, Lyn and Ian wanted a way to help raise money for our hospice.

Thanks to their hard work, the talented couple have already donated more than £200 and plan to continue making and selling their crafts in support of Katharine House.

## Decades of dedication



Long-term supporter and keen photographer Philip Lucas has been turning negatives into a positive through the sale of his 2023 photo calendars, which have raised more than £300. But this is just one of the many ways that Philip has supported our hospice since his wife Esme spent her final days at Katharine House back in 1999.

Following Esme's death, talented musician Philip set about making instrumental music CDs to help raise money – and four CDs later, Philip had raised around £6,500 for the hospice. Add to that his 75th birthday fundraiser and a decade of Christmas card sponsorship, 88-year-old Philip has raised a staggering amount over the years.

Philip said: "I've been making and selling the calendars for the past five or six years, taking all the photos myself. I admire people who can go on walks and runs to raise money, but this is what I can do, and I'll keep fundraising for as long as I can. The hospice cared for us very well."

## Thousands raised



If these stories have inspired you to support our hospice but you need a few ideas, why not take a look at our A-Z of fundraising?  
[www.khh.org.uk/a-z](http://www.khh.org.uk/a-z)





**Find out how our supporters are paying tribute to the life of a loved one at our new event this June.**

We're thrilled to have launched our brand-new Rose to Remember event for 2023.

Roses were the favourite flower of Katharine Gadsby, whom our hospice was named after, and now form part of our logo – so it feels like a fitting tribute to have chosen them as the theme for our new annual event.

Rose to Remember gives our supporters the chance to honour the life and memory of someone special by purchasing a beautiful hand-crafted metal rose. These roses will then form part of a stunning temporary installation, hosted by our friends at Sulgrave Manor, from Monday 5 June until Sunday 18 June, before people take them home to keep.

Every rose has been crafted with care for us by Black Country Metal Works

“

*I was so excited when I heard about Rose to Remember as I immediately knew it would be an especially lovely way to remember my Dad, who died many years ago. He loved the garden that he and Mum created together, so I thought it would be perfect for Mum, my brother and me to each have a rose to ‘plant’ in our own gardens to remember him by.*



” Emma

and measures around 10cm in diameter and 50cm high when inserted in the ground. Money raised from the sale of the roses – which cost £30 each – will go towards funding the vital care of our patients and their families.

### Enjoying the installation

An exclusive viewing for everyone who purchases a rose will take place on Wednesday 7 June 2023, where members of Katharine House Hospice staff and bereavement team will be on hand to talk to visitors.

Members of the public will also be able to view the installation during their visit to Sulgrave Manor from 5 to 18 June, providing an opportunity to enjoy the hundreds of roses and a chance to reflect and look forward. The Manor is open Sundays to Tuesdays, from 10.30am to 4pm.

### Enjoying the roses in your own home

Following the event, the roses will be carefully cleaned and boxed up ready for collection from the hospice during the weeks beginning 19 and 26 June. Or for an additional fee of £6 per rose, we can post them after the event.



To order your rose and book your private viewing place, visit: [www.khh.org.uk/rose-remember](http://www.khh.org.uk/rose-remember)

### Don't forget ...

There are other ways to remember someone special, including:

- **Celebration Tree:** a specially commissioned rose tree in the hospice with roses and leaves dedicated to loved ones.
- **Online tribute page:** we are partners with MuchLoved, the leading online tribute website service. This enables you to create a personalised online memorial of photos and memories.
- **Funeral collections:** some people choose to support the work of Katharine House by asking for donations at a funeral or memorial service for a loved one.

Read more at: [www.khh.org.uk/remembrance](http://www.khh.org.uk/remembrance)

### Dates for your diary

**February–May:** roses available to buy.

**Wednesday 7 June:** private viewing.

**5–18 June:** public viewing: Sundays–Tuesdays only.

**w/c 19 and 26 June:** roses posted or collected from hospice.



# Play our lottery

Sign up for our lottery and you could be in with a chance of winning a cash prize every week and help people in our community.

Join us to be in with the chance of winning one of the fantastic cash prizes each week. At the same time, it's a great way to support Katharine House.

The proceeds from each lottery draw help our nurses to provide vital end-of-life care and support to local people living with an incurable illness so they can live well in every moment.



If you're aged over 18 and not yet signed up, sign up TODAY using direct debit at [www.khh.org.uk/lottery](http://www.khh.org.uk/lottery)

## Lottery winner stories

You could be our next winner. Imagine getting a call to say you've won our lottery! Here are some of the ways our winners have made use of the money.

- Graham and Catherine's son Nathan had wanted a puppy for a long time and the Katharine House lottery



money enabled them to add Bessie, a cockapoo puppy, to their family. The photo above was taken when she was about 16 weeks old.

- Brian used the winnings to pay his bills and it really helped him at a difficult time.
- Joy put her £1,000 prize towards helping her daughter with expensive vet bills.
- Caroline was delighted to receive a call to let her know she had won the lottery and used the prize money to replace her elderly Magimix and is now the proud owner of a shiny new one.
- Robert will be helping to pay for his son's wedding.

 National Gambling Helpline  
0808 8020 133  
GamCare.org.uk

Click here for Live Chat now

20 cash prizes to be won every week

Support local people with incurable illnesses

£1,000 for a lucky winner

Just £1 to enter each week

## WILLing

to be a part of our future

Remembering Katharine House in your will is a very special way of making sure the local community can receive care and support for years to come. A gift of just 1% of your estate could help make every moment matter for patients facing their final weeks and days of life. Whatever you decide to leave, we will make sure your legacy gift is used carefully and responsibly to help people at the most difficult times.



If you are considering leaving a gift in your will, please head to [www.khh.org.uk/wills](http://www.khh.org.uk/wills) or email [fundraising@khh.org.uk](mailto:fundraising@khh.org.uk).



# The accumulator



## Challenge is back!

We are delighted to announce that the Accumulator Challenge is back by popular demand! The campaign was originally organised by Karcher between 2014 and 2020 and raised over £93,000. This year, the fundraising team at the hospice are relaunching the event and hope to make it bigger and better than ever.



### How it works

The campaign will launch on 16 October when we'll be asking local businesses, schools and community groups to put their entrepreneurial and fundraising skills to the test.

- Each team will be provided with £50 to kick-start their fundraising.
- They will then have four months to raise as much money as they can, in exciting and creative ways.
- The campaign will end with an awards ceremony in the Spring of 2024 to celebrate everyone involved, plus awards will be given to the teams to celebrate their success.

One team that knows how it's done is Kineton High School, who has taken part in the Accumulator Challenge since it started back in 2014. The school has raised an incredible £13,800 over this time and they also won an award every single year, including the Record Breakers Award in 2017-18.

Mrs Purnell, who has supported the students throughout the challenges, said: "The best thing about the Accumulator

Challenge is the whole school coming together and getting involved. The students learnt things from teamwork, product design, finances, marketing, plus an awareness of Katharine House and the amazing work they do."

The students at Kineton High love a bit of competition, which is why they will be taking part again this year and encouraging others to do so.

### Get involved

We only have 20 places available so you will need to sign up early if you want to get involved. If you are interested in taking part in the challenge, contact the fundraising team at [getinvolved@khh.org.uk](mailto:getinvolved@khh.org.uk).

**The Accumulator Challenge is kindly sponsored by Banbury & District Chamber of Commerce.**



# Meet the team

Say hello to our Supporter Care Officer Hannah! As a much-loved member of our Supporter Care team, Hannah is always on hand to help with fundraising enquiries and offer advice about community events. Hannah told us about her favourite part of the job, her love of pizza and what she'd buy if she won the lottery.

**Name:** Hannah Timms

**Job title:** Supporter Care Officer

**Joined the team:** January 2020

**If I had to sum up my role in one sentence, I'd say:**

I'm on the frontline of fundraising, supporting members of our community to fundraise for us.

**The best thing about my job is:**

Seeing the best in humanity. There are so many people in the local community doing so many wonderful things to support Katharine House every single day – and it's a privilege to be a part of that! I'm also lucky to work with a brilliant bunch of people who are passionate about fundraising.

**My highlight since joining the hospice is:**

Meeting our supporters at our events and putting names to faces. It's really moving watching so many people come out in force to support Katharine House and never fails to make me a bit teary.

**If I won the lottery, I would buy:**

A dog shelter where I could bring as many dogs to safety as possible. A holiday home in Pembrokeshire would be very nice too!

**My idea of a perfect day is:**

An outdoor adventure by the coast with my husband and our dogs, then takeaway pizza and cuddles with them on the sofa.

**My favourite thing to eat is:**

Pizza, without question. Closely followed by Dairy Milk chocolate.

**People are often surprised when I tell them:**

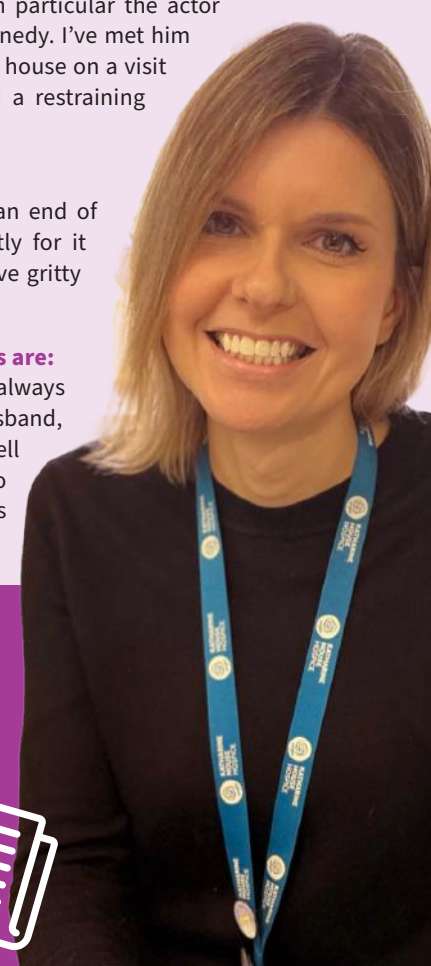
I'm a huge fan of Neighbours, in particular the actor Alan Fletcher who plays Karl Kennedy. I've met him many times and even located his house on a visit to Australia. So far, I've dodged a restraining order!

**I never miss an episode of:**

Neighbours ... until it came to an end of course! Now I'm waiting patiently for it to return later this year. I also love gritty drama, the darker the better.

**Without doubt, the best animals are:**

Dogs. I grew up with one and have always liked them. When I met my husband, I fell in love with his dog before I fell in love with him! We now have two amazing rescue dogs and our lives revolve around them.



For all the latest Katharine House Hospice news, sign up for our e-newsletter here: [www.khh.org.uk/newsletter](http://www.khh.org.uk/newsletter)



## What's coming up?

**Don't miss out! Keep up to date with all the latest events...**

DATE	EVENT	FIND OUT MORE
Apr-Sep	Open Gardens for Katharine House	<a href="http://khh.org.uk/gardens">khh.org.uk/gardens</a>
May	Launch of EPiC Resource Centre	<a href="http://khh.org.uk/epic">khh.org.uk/epic</a>
8-14 May	Dying Matters Awareness Week	
20 May	Moonlight Walk	<a href="http://khh.org.uk/moonlight">khh.org.uk/moonlight</a>
5-18 Jun	Rose to Remember	<a href="http://khh.org.uk/rose-remember">khh.org.uk/rose-remember</a>
1-7 Jun	Volunteers' Week	
17 Jun	Extreme Abseil	<a href="http://khh.org.uk/extreme-abseil">khh.org.uk/extreme-abseil</a>
25 Jun	Bike Oxford	<a href="http://khh.org.uk/bike-oxford">khh.org.uk/bike-oxford</a>
9 Sep	Skydive	<a href="http://khh.org.uk/skydive">khh.org.uk/skydive</a>
9-10 Sep	Thames Path Challenge	<a href="http://khh.org.uk/thamespath">khh.org.uk/thamespath</a>
15 Oct	Oxford Half	<a href="http://khh.org.uk/oxford">khh.org.uk/oxford</a>
28 Oct	Halloween Walk	<a href="http://khh.org.uk/halloween">khh.org.uk/halloween</a>

# MOONLIGHT WALK

goes to the movies



**Saturday 20 May 2023**

- >> Gates open at 7pm
- >> 10-mile or 6-mile walk, in Banbury
- >> Pre-walk entertainment and stalls



Scan me

[www.khh.org.uk/moonlight](http://www.khh.org.uk/moonlight)